Progress in Work-Life Balance to Transform Society

Considering the existing gender gap in the university setting, as well as the importance of promoting the prevention of inequalities and the promotion of egalitarian attitudes in the educational field, the main objective of this project is ***to facilitate training and awareness-raising to contribute to training in matters of gender equality and especially in matters of work-life balance and co-responsibility.***

The project will be carried out with the entire university community, as well as with young people and teenagers in the province. This will be achieved through the distribution of materials on work-life balance, the creation of focus groups, and training through workshops, courses, and seminars.